

Children and Young People Select Committee

Review Title: Obesity

Scrutiny Chair/Project Director: Councillor Harrington	Contact details: 01642 764652
Scrutiny Officer/Project Manager: Graham Birtle	Contact details: 01642 526187
Departmental Link Officer: Elizabeth Shassere	Contact details: 01642 352298
1. Which of our strategic corporate objectives does this topic address?	
<p>Children and Young People:</p> <ul style="list-style-type: none"> ▪ Halt the year on year rise in obesity among children under 11 by 2010. ▪ All schools to achieve the Healthy School Standard by December 2009 <p>Healthier Communities and Adults:</p> <ul style="list-style-type: none"> ▪ Increase the % of adults participating in at least 30 minutes of moderately intensity sport and physical activity on 5 or more days each week on average over a year to 30% in 2007 (LPSA Target) ▪ Increase attendance at leisure centres by 1% each year 	
2. What are the main issues?	
<ul style="list-style-type: none"> ▪ Increasing obesity levels will have a significant impact on the health and wellbeing of our communities and on future demand for health and care services. ▪ There is considerable focus already nationally and locally on addressing childhood obesity (included in our LAA); need to consider the issue across all life stages. ▪ Developing healthier lifestyles is a key strand of the Healthier Communities & Adults theme of the Sustainable Community Strategy; obesity levels are one measure of the impact of health initiatives 	
3. The Thematic Select Committee's overall aim/ objectives in doing this work is:	
<ul style="list-style-type: none"> ▪ To review initiatives aimed at addressing obesity. 	
4. The possible outputs/outcomes are:	
<ul style="list-style-type: none"> ▪ Significant public health implications for all our communities. ▪ Improved health across all communities can impact across social, economic and environmental wellbeing. 	
5. What specific value can scrutiny add to this topic?	
<ul style="list-style-type: none"> ▪ Improved understanding of the impact of obesity initiatives leading to a more coordinated strategy across services to address the issue. 	
6. Who will the panel be trying to influence as part of their work?	
Health and Well-being Partnership, North Tees PCT, Cabinet, Children's Trust Board.	
7. Duration of enquiry?	
6 Months	

8. What category does the review fall into?

Policy Review

Policy Development

External Partnership

Performance Management

Holding Executive to Account

9. Extra Resources needed? Would the investigation benefit from the co-option of an "expert" witness?

10. What information do we need?

Secondary Information (background information, existing reports, legislation, central government documents, etc.)

Obesity Digest for Stockton;

NEPHO - North East Obesity update report;

Childhood Obesity National Support Team feedback;

NICE - Obesity: the prevention, identification, assessment and management of overweight and obesity in adults and children;

Government Office for Science – *Foresight* Tackling Obesities: Future Choices – Building the Obesity System Map;

National Audit Office – Tackling Obesity in England;

NAO - Tackling Child Obesity – First Steps;

DH - OBESITY GUIDANCE FOR HEALTHY SCHOOLS COORDINATORS AND THEIR PARTNERS;

DH - Forecasting Obesity to 2010;

DH - Healthy Weight, Healthy Lives: a Cross-Government Strategy for England;

DH - How to set and monitor goals for prevalence of child obesity: guidance for Primary Care Trusts (PCTs) and local authorities;

DH - Healthy Weight, Healthy Lives: Guidance for Local Areas;

DH - National Child Measurement Programme: *2006/07 school year, headline results*;

DH - Lightening the load: Tackling overweight and obesity A toolkit for developing local strategies to tackle overweight and obesity in children and adults;

Ofsted - Food in schools;

National Statistics - Statistics on Obesity, Physical Activity and Diet: England, January 2008;

Stockton-on-Tees PHYSICAL ACTIVITY STRATEGY 2003-2008;

University of Teesside - A pilot study to examine school-based aspects of the BMI surveillance programme in NE England;
NLGN - Weighing Up the Advantages: A new role for councils in tackling obesity

Who can provide us with further relevant evidence? (Cabinet Member/portfolio holder, officer, service user, general public, expert witness, etc.)

What specific areas do we want them to cover when they give evidence?

11. What processes can we use to feed into the review? (site visits/observations, face-to-face questioning, telephone survey, written questionnaire, etc.)

12. In what ways can we involve the public and at what stages? (consider whole range of consultative mechanisms, local committees and local ward mechanisms)

13. Diversity – How will we address the six strands of diversity (age, disability, faith and belief, gender, race, and sexual orientation) in order to uphold the Council’s Single Equality Scheme?

Scope agreed at (day/month/year) CYP Select Committee meeting

Project Plan

Chair/Project Director Councillor Harrington	Contact Details 01642 764652
Scrutiny Officer/ Project Manager Graham Birtle	Contact Details 01642 526187
Departmental Link Officers Elizabeth Shassere	Contact Details 01642 352298

KEY TASK	DETAILS/ACTIVITIES	DATE	RESPONSIBILITY
Scoping of Review	Information gathering	April 2008	Scrutiny Officer Link Officer
Tri-Partite Meeting	Meeting to discuss aims and objectives of review	23 April 2008	Select Committee Chair and Vice Chair, Cabinet Member(s), Corporate Director(s), Scrutiny Officer, Link Officer
Agree Project Plan	Scope and Project Plan agreed by Committee	1 May 2008	Select Committee
Publicity of Review			Scrutiny Officer
Obtaining Evidence	North East Obesity Forum – Childhood Obesity University of Durham, Queens Campus	21 May 2008	Select Committee / Scrutiny Officer
	Evidence gathering meeting	4 June 2008	
	Evidence gathering meeting	25 June 2008	
	Evidence gathering meeting	9 July 2008	
	Evidence gathering meeting	30 July 2008	

Members decide recommendations and findings	Review summary of findings and formulate draft recommendations	27 August 2008	Select Committee
Circulate Draft Report to Stakeholders	Circulation of Report	w/c 1 September 2008	Scrutiny Officer
Tri-Partite Meeting	Meeting to discuss finding of review and draft recommendations	w/c 15 September 2008	Select Committee Chair and Vice Chair, Cabinet Member(s), Corporate Director(s), Scrutiny Officer, Link Officer
Final Agreement of Report	Approval of final report by Committee	24 September 2008	Select Committee
Consideration of Report by Executive Scrutiny Committee	Consideration of report	30 September 2008	Executive Scrutiny Committee
Report to Cabinet/Approving Body	Presentation of final report with recommendations for approval to Cabinet	9 October 2008	Cabinet/ Approving Body
Report to PCT Board	Presentation of final report with recommendations for approval to PCT Board	27 October 2008	Chair / Scrutiny Officer

Project plan agreed at (day/month/year) CYP Select Committee meeting